

**COMING SOON!**

From the creators of *Health of the Force* comes a new report to explore the...



# HEALTH OF THE ARMY FAMILY

2021



## What We Know, What We Don't Know, and What's Next



Access the report at <https://phc.amedd.army.mil/topics/campaigns/armyfamily/Pages/default.aspx>



The inaugural *Health of the Army Family* Report serves as an important first step toward understanding, monitoring, and optimizing the health, quality of life, and readiness of Army Families.

### The report:

- **Details** a holistic view of health including current environmental, family readiness, healthcare, physical, psychological, sociodemographic, and spiritual factors that impact Army Families' quality of life.
- **Summarizes** how these factors interact with unique military events such as relocation and deployment.
- **Provides** actionable recommendations for multiple audiences: Soldiers and Families, Army leaders, researchers and evaluators, program proponents and policy makers.

### Featuring spotlights on:

- Modern Families – The Unique Stressors and Needs of Lesbian, Gay, and Bisexual Soldiers and their Families
- Understanding the Needs of Soldiers' Caregivers
- The Health of the Army Family in the COVID-19 Pandemic
- Army Campaign to Prevent and Control Childhood Lead Exposure
- The Community Strengths and Themes Assessment Supports the Army Family
- The Effects of Relocation on Exceptional Army Families
- Spouse Employment is An Important Army Issue
- The Challenge of Retaining Female Soldiers

*The health, quality of life, and satisfaction of Army Families today has a direct impact on the total Army Force of tomorrow.*



Learn more at:

